

## NAVIGATING ECONOMIC UNCERTAINTY: SECTORAL INVESTMENT RESILIENCE DURING THE COVID-19 PANDEMIC

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### Abstract

Global markets have been severely impacted by the COVID-19 epidemic, which has increased economic uncertainty and changed sectoral performance. This study looks at the sectors that fared well throughout the crisis and investigates the wider economic effects of uncertainty brought on by the epidemic. We evaluate the degree of economic uncertainty and its macroeconomic impacts using real-time indicators, such as stock market volatility, news-based uncertainty metrics, and company expectation surveys. According to our research, the pandemic's uncertainty shock is similar to past crises like the Great Depression and the financial crisis of 2008. Additionally, we project a significant drop in the US real GDP, with increased uncertainty accounting for about half of the reduction. These findings highlight the value of forward-looking analyses in assessing economic resilience and offer insightful information for maximising sectoral investment plans in times of international emergency.

**Keywords:** Economic Uncertainty, Sectoral Performance, Investment Strategy, Financial Crisis Comparison.

## **Introduction**

The COVID-19 pandemic has caused enormous economic disruption on a global scale, leading to a great deal of uncertainty in many areas. Governments, corporations, and financial markets have faced serious difficulties as a result of the virus's unpredictable nature, which includes its rates of transmission, changing variations, and range of lethality. The success of containment strategies like travel bans, lockdowns, and vaccination drives has also differed by location, which makes attempts at economic recovery even more challenging. The uncertainty created by this crisis is greater than that of typical economic downturns, which makes it harder for traditional forecasting models to accurately predict the full extent of its effects (Baker et al., 2020). The pandemic's quick start and lingering impacts have made it necessary to create proactive, real-time metrics to gauge economic disruptions and direct policy actions.

The objective of this research is to assess the COVID-19 pandemic's effects on sectoral investment resilience and quantify the economic uncertainty it has caused. Through the utilisation of many uncertainty indicators, including stock market volatility, newspaper-based uncertainty indices, and business expectation surveys, we offer a thorough evaluation of the macroeconomic impacts of the pandemic. Our investigation looks at how investor sentiment, business choices, and economic performance have been affected by rising levels of uncertainty in various industries. In addition, we pinpoint pivotal industries that have proven resilient throughout the crisis, providing insight into investing tactics that could lessen economic shocks in the event of future global upheavals. For investors, companies, and policymakers during times of increased economic risk, the research's conclusions offer practical insights and advance our understanding of uncertainty-driven economic dynamics.

## **Sectoral Changes and Economic Disruptions During Pandemics**

Pandemics have historically been linked to significant economic disruptions, frequently causing recessions and changing the performance of individual sectors. For example, the 1918 Spanish Flu caused widespread company closures and labour shortages that hampered economic activity, which resulted in a dramatic drop in industrial production and international trade (Barro et al., 2020). Similar to this, the 2003 SARS pandemic had a greater regional effect, mostly on Asian economies, as travel bans and lower consumer spending led to brief downturns in the economy (Barro et al., 2020). Nonetheless, the COVID-19 pandemic is notable for its unparalleled worldwide scope and the wide-ranging policy

reactions it provoked. Lockdowns, travel restrictions, and social distancing measures were among the strict containment measures that governments throughout the world put in place. Although these measures were necessary to control the virus, they had a significant negative economic impact (Gourinchas, 2020). The financial environment became even more complex as a result of the introduction of large fiscal stimulus packages in response to the crisis in order to mitigate the economic effects. Different industries were affected differently by these policies; while industries that depended on face-to-face interactions, like retail, hospitality, and tourism, saw significant downturns, sectors like technology and healthcare saw faster growth as a result of increased government spending and digital transformation. Designing robust investment plans and reducing the negative effects of upcoming economic shocks require an understanding of these sectoral developments.

### **Sectoral Performance during Pandemics**

The empirical literature has consistently shown that some businesses are more resilient to pandemics, and some even flourish during economic downturns. Because of the increased demand for medical supplies, treatments, and vaccines, the pharmaceutical and healthcare industries in particular typically do well (Fahlenbrach et al., 2021). This trend was further supported by the COVID-19 pandemic, which witnessed a sharp increase in activity and investment in these sectors due to international efforts to fight the virus and improve public health facilities. Similar to this, the IT industry showed incredible resilience thanks to the quick uptake of e-commerce platforms, digital tools, and remote work options (Baker et al., 2020). Technology-driven services like cloud computing, video conferencing, and online retail became indispensable as companies and customers adjusted to limitations on in-person interactions, which resulted in significant sectors growth. In addition to maintaining economic activity, this quick digital transition changed consumer behaviour and business tactics. On the other hand, sectors that rely significantly on face-to-face communication, such travel, lodging, and physical retail, frequently suffer significant declines during pandemics (Sheth, 2020). These vulnerabilities were exacerbated by the COVID-19 pandemic, as extended lockdowns and restrictions on international travel led to precipitous drops in consumer spending and company activity in these industries. Developing strategic investment options that improve economic resilience in the face of future global health crises requires an understanding of these sectoral inequities.

### **Drivers of Sectoral Resilience**

Several factors contribute to the resilience of industries during pandemics. One key factor is the ability to adapt to changing consumer behavior. Companies that could quickly pivot their operations to meet new demands, such as those offering online services or contactless delivery, were better positioned to withstand the disruptions caused by lockdowns (Sharma et al., 2020). Another important factor is the reliance on digital infrastructure. Industries with strong digital capabilities, such as e-commerce and technology, were able to continue operating effectively even as physical businesses were forced to close (Kuckertz et al., 2020). Additionally, access to government support played a crucial role in helping businesses survive the economic downturn. Industries that received timely financial assistance, such as grants, loans, and tax relief, were better able to weather the crisis (Guerreri et al., 2020). Furthermore, industries with flexible supply chains and the ability to pivot production, such as manufacturers repurposing facilities to produce personal protective equipment (PPE), demonstrated higher resilience during the pandemic.

### **Regional Variations in Sectoral Performance**

The impact of pandemics on industries often varies by region, depending on factors such as economic structure, healthcare capacity, and government policies. For instance, regions with strong digital infrastructure and diversified economies were better equipped to handle the disruptions caused by COVID-19 (IMF, 2020). These regions were able to leverage their technological capabilities to maintain economic activity, even as physical businesses were forced to close. In contrast, regions heavily reliant on tourism or single industries faced greater challenges during the pandemic (World Bank, 2020). For example, countries with economies centered around tourism, such as those in the Caribbean or Southeast Asia, experienced significant economic contractions as international travel came to a halt. These regional disparities highlight the importance of tailoring investment strategies to local contexts, as the economic impact of pandemics can vary widely depending on regional factors.

### **Investment Strategies During Pandemics**

Existing literature suggests that diversification and a focus on resilient sectors are key to mitigating risks during pandemics (Zaremba et al., 2020). For example, portfolios weighted toward healthcare, technology, and consumer staples have historically outperformed those concentrated in vulnerable sectors (Ramelli & Wagner, 2020). The COVID-19 pandemic

reinforced this trend, as investors sought to allocate capital to industries that demonstrated resilience during the crisis. However, the effectiveness of these strategies depends on the accurate identification of resilient sectors and the timely execution of investment decisions. During the early stages of the pandemic, investors who quickly shifted their portfolios toward technology and healthcare stocks were able to mitigate losses and, in some cases, achieve significant gains. Conversely, those who remained heavily invested in sectors such as hospitality and retail faced substantial losses as these industries struggled to adapt to the new economic reality.

### **Methodology**

To evaluate the impact of uncertainty caused by the COVID-19 pandemic, this study adopts a multi-faceted approach that integrates real-time data from financial markets, media coverage, and business surveys. Specifically, the research utilizes the following measures:

#### **Stock Market Volatility**

The COVID-19 pandemic triggered an unprecedented surge in stock market volatility, as investors struggled to assess the virus's impact on economic growth and corporate earnings. One of the most widely used measures of market uncertainty, the VIX index—which reflects the implied volatility of the S&P 500 - soared to its highest level since the 2008 financial crisis, underscoring the severity of investor anxiety (Baker et al., 2020).

This extreme volatility was driven by several key factors, including the rapid global spread of COVID-19, the enforcement of lockdowns and mobility restrictions, and uncertainty regarding the duration and severity of the economic downturn. The initial market reaction in early 2020 was marked by sharp declines, as businesses faced operational disruptions and economic activity plummeted. However, financial markets continued to exhibit periods of heightened volatility throughout the pandemic, responding to evolving developments such as vaccine rollouts, fiscal stimulus measures, and shifts in monetary policy. These fluctuations highlight the profound effect of uncertainty on market stability and reinforce the critical role of investor sentiment in shaping financial market dynamics during times of crisis.

#### **Newspaper-Based Uncertainty**

The Economic Policy Uncertainty (EPU) index, which tracks the frequency of news articles related to economic uncertainty, surged to record levels in March 2020, with the majority of articles focusing on COVID-19 (Baker et al., 2020). This indicates that the pandemic

dominated economic discourse and contributed to widespread uncertainty among businesses, policymakers, and consumers. The EPU index serves as a valuable real-time indicator of economic uncertainty, as it captures the extent to which the pandemic was influencing public and private sector decision-making. The sharp increase in the EPU index during the early stages of the pandemic reflects the rapid deterioration of economic conditions and the growing sense of uncertainty about the future.

### **Business Expectation Surveys**

Business expectation surveys, including the U.S. Survey of Business Uncertainty (SBU) and the U.K. Decision Maker Panel (DMP), revealed a sharp rise in uncertainty among firms in March 2020, as the pandemic escalated (Altig et al., 2020). This surge in uncertainty was especially pronounced in industries directly impacted by lockdowns and supply chain disruptions, such as hospitality, retail, and transportation. Firms in these sectors faced considerable challenges, as consumer demand plummeted, and global supply chains were severely disrupted.

The surveys also indicated that businesses were deeply uncertain about the pandemic's duration and the effectiveness of government policy responses. This uncertainty further exacerbated the economic impact of the crisis, as firms struggled to plan for the future and make informed investment and operational decisions. The findings highlight the critical role of uncertainty in shaping business expectations and underscore the need for responsive and adaptable policy frameworks in times of global economic distress.

### **Macroeconomic Impact**

The COVID-19 pandemic is predicted to cause a large contraction in the real GDP of the United States, with a peak year-over-year decrease of 11% in the fourth quarter of 2020, according to the model created by Baker, Bloom, and Terry (2020). The increased uncertainty brought on by the epidemic is responsible for around half of this decline, highlighting the crucial role that uncertainty plays in determining economic results.

According to the model, which uses historical data from natural disasters and other significant crises to calculate the impact of uncertainty on GDP growth, the uncertainty shock brought on by COVID-19 is similar to other crises like the Great Depression and the financial crisis of 2008. These results highlight how crucial it is to evaluate economic resilience using forward-looking metrics, providing insightful information for creating

sector-specific investment plans and directing policy responses in times of international emergency.

## **Result and Discussion**

According to the report, the COVID-19 epidemic has resulted in an unparalleled increase in economic uncertainty, which has far-reaching consequences for sectoral performance. Important conclusions include:

**Stock Market Volatility:** A measure of increased market apprehension, the VIX index hit its highest level since the 2008 financial crisis. Concerns about how the pandemic might affect business profits and economic growth were the main causes of this volatility (Baker et al., 2020).

**Newspaper-Based Uncertainty:** With most stories concentrating on COVID-19, the EPU index reached record highs in March 2020. This suggests that economic discourse was dominated by the epidemic, which led to a generalised sense of uncertainty (Baker et al., 2020).

**Business Expectation Surveys:** According to the SBU and DMP, enterprises' levels of uncertainty have significantly increased, especially in industries that have been directly impacted by supply chain interruptions and lockdowns. The industries with the highest levels of uncertainty were retail, hotel, and transportation (Altig et al., 2020).

**Macroeconomic Impact:** According to the Baker, Bloom, and Terry (2020) model, the COVID-19 pandemic is predicted to cause a large reduction in the real GDP of the United States, peaking at an 11% year-over-year drop in the fourth quarter of 2020. The fact that increased uncertainty is responsible for around half of this decline highlights how important uncertainty is in determining economic results.

An economic climate that is characterised by great uncertainty has been established as a result of the COVID-19 pandemic, which has substantial consequences for investment strategy across several sectors. Based on the findings, it appears that businesses such as healthcare, technology, and e-commerce are likely to display resilience throughout the crisis. On the other hand, industries that are dependent on physical encounters, such as tourism and hospitality, are likely to face substantial issues. As a result of the spike in uncertainty, the Gross Domestic Product (GDP) has experienced a significant decrease, which has long-term ramifications for both productivity and economic growth. Because of the irreversible nature

of investments in innovation, training, and human capital, these areas are especially susceptible to uncertainty, which further exacerbates the impact that the epidemic is having on the economy.

### **Conclusion**

The COVID-19 epidemic has highlighted the importance of understanding and managing economic uncertainty, which affects short-term stability and long-term growth. During global crises, uncertainty permeates every area of economic activity, from consumer behaviour to corporate decision-making, making methods to measure and predict its influence essential. Policymakers and investors can gain valuable insights about the economy by using real-time stock market volatility, newspaper-based uncertainty indices, and company surveys. These techniques assist capture changeable market conditions, public mood, and company expectations, revealing dangers and opportunities.

These real-time indicators show how uncertainty drives economic results. Businesses become more cautious when uncertainty grows, postponing investment choices and reducing production, slowing economic recovery. However, by identifying sectors that are more resilient to these shocks, authorities and investors can better allocate resources and investments to industries that can weather a global crisis. Due to rising demand and digital transformation, healthcare, technology, and e-commerce have survived the epidemic. Strategic decision-making and economic recovery planning need identifying robust industries. This analysis provides short-term crisis management and long-term economic resilience and sustainability advice. Understanding uncertainty and how it affects different sectors can help build a stronger economy that can respond to global problems.

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