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THE EFFECT OF DHUHA STUDY ACTIVITIES ON THE SPIRITUAL INTELLIGENCE OF STUDENTS OF PADANG STATE UNIVERSITY

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Abstract

The background of this research is that the value of dhuha study activities on the Spiritual Intelligence of Padang State University Students is unknown. Therefore, the Qatulistiwa Islam Spiritual Activities Unit, Padang State University, is holding a dhuha study activity. This study aims to determine the effect of dhuha study activities on the spiritual intelligence of Padang State University students. This study uses a quantitative method. The method in this study uses a correlational quantitative method which is a type of non-experimental research method in which the researcher measures two variables, and understands and assesses the statistical relationship between the variables, without the influence of extraneous variables. The population of this study were all students of Padang State University who had participated in the Dhuha Study Activities totaling 937 people in the July-December 2022 and January-June 2023 semesters. The sample of this study was 90 students who had participated in the Dhuha study activities in the July-December 2022 and January-December 2022 semesters. June 2023. This research explains that the Islamic Dhuha Qatulistiwa Study Activity influences the Spiritual Intelligence of Padang State University students. Research explains that the value of dhuha study activities and the value of spiritual intelligence has a relationship with the results of SPSS statistics version 29 of the normality test of 0.008, meaning that

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the significance value is greater than α (0.008 > 0.05) meaning that the data is normally distributed. A simple linear regression test of the Dhuha study activity variable (X) obtained a value of dhuha study activities of 6,824, this is The independent variable Dhuha study activities (X) on Padang State University students has a positive effect. Spiritual intelligence results in a normality test value of 0.158 > 0.05 meaning that the data is normally distributed, a simple linear regression test for the spiritual intelligence variable (Y) gets a value of 1,220, this is the dependent variable Spiritual Intelligence (Y) for Padang State University Students has a positive effect. Influence on the Spiritual Intelligence of Padang State University students. F count = 252,654> F table 3,099 or a Sig of 0.000 < 0.05 which means H0 is rejected and Ha is accepted. The simultaneous significant test produces a calculated F value = 252,654> F table 3,099 or a Sig of 0.000 <0.05 which means H0 is rejected and Ha is accepted. As well as the results of the test for the coefficient of determination, which obtained an R Squer value of 0.742, which means the influence of the independent variable (Dhuha Study Activity) of 74.2% on the dependent variable (Spiritual Intelligence). While the remaining 25.8 % is influenced by other factors outside the research.

Keywords: Dhuha Study Activities, Spiritual Intelligence

INTRODUCTION

Education plays an important role in educating the life of the nation and state (Sarina et al., 2021) (Alfurqan & Hidayat, 2023). This is to the understanding of Education in Article 1 Paragraph 1 of Law Number 20 of 2003 which explains Education is a conscious and planned effort to create a learning atmosphere and learning process so that students actively develop their potential to have religious spiritual strength, self-control, personality, intelligence, noble character, and skills needed by himself, the community, the nation, and the State. The purpose of education based on the elucidation of Article 3 of Law Number 20 of 2003 concerning the National Education System is to create human beings who have faith and are pious.

In Islam faith and piety are the basic foundations in achieving a life that is blessed by Allah SWT to achieve happiness in this world and the hereafter (Hidayat & Rahman, 2022). To manifest these faithful and pious human beings, Islamic Religious Education is needed in learning. Islamic Religious Education is taught at the elementary, junior high, high school, and tertiary levels. PAI learning in tertiary institutions is one of the subjects

that must be followed by all students. In the national curriculum for higher education, religious education is a compulsory subject that must be taken by students who are Muslim in all tertiary institutions in Indonesia.

Padang State University as one of the state universities in Indonesia also makes general courses (MKU) in religious education Islamic Education (PAI) a compulsory subject that is followed by all UNP students. In the 2022-2024 UNP Strategic Plan, it is explained that the vision of the UNP campus is to become a superior campus in Southeast Asia in the field of science and technology-based education based on moral and religious values. Even though UNP's vision strategic plan is to become a superior campus in Southeast Asia in the field of education based on science and technology and based on moral and religious values, there are still UNP students who do not reflect Islamic nuances in their lives and there are still many students who are negligent in carrying out their prayers. especially performing prayers, rarely reading the Koran, or the low morals of these students.

This shows that the spiritual intelligence of Padang State University students has not yet been measured. According to Ginanjar spiritual means worship of every character and activity, through methods and thoughts that are natural, to achieve a complete human being, have a monotheistic mindset, and adhere to "Only to Allah". Meanwhile, Spiritual Intelligence according to Danah Zohar et al. (Matwaya & Zahro, 2020) is spiritual intelligence as intelligence to place one's behavior in a context that is more meaningful than other people. Ary Ginanjar (2002:13). One of the programs that supports the vision of the UNP campus and aims to increase the spiritual intelligence of UNP students is the Dhuha Study activity carried out by UKK UNP's Islamic Qatulistiwa.

The Dhuha Study is an activity to develop the insights and knowledge of UNP students and also in collaboration with MKU PAI lecturers. In Dhuha Study activities, there are several series of activities carried out. The first is the provision of material by MKU PAI lecturers or ustadz who come from outside the UNP campus. The second is religious guidance activities carried out in groups. Dhuha Study activities began in 2001. The Dhuha Study Activity is a mandatory activity that is attended by all new UNP students or students who are taking the MKU PAI in the current semester. This activity aims to realize the nuances of students who are Islamic, obedient in worship, and have noble character. Even though the Dhuha Study activities have been carried out and participated

in by students taking the MKU PAI class, based on the Dhuha study exam scores are in the table below:

Table 1. Evaluation of the Dhuha Study Activity Test

NAME	Nim/BP	Test scores	Percentage
Hilwatun Nabila	22003027/2022	69,3	10%
Rahayu	22002045/2022	76	11%
Rahmi Aulia	22003049/ 2022	66	9%
Rahmi Fadhillah Ef	22003050/ 2022	63	9%
Rika Amelia	22003051/2022	63	9%
Rindi Andika	22003052/2022	79,2	11%
Humanity Pratiwi	22004138/2022	69,3	10%
Melsi Asia Putri	22003113/2022	76	11%
Yolanda Pearl	22003115/2022	76	11%
Galang Febrio Agami	22089039/ 2022	66,6	9%
Saputra Ego	22089032/2022	56,6	8%
Fatqul Rahman	22089036/ 2022	76,6	11%
Azizah Puspa Syahputri	22129126/ 2022	77	11%
Dea Melfiana Putri	22129130/ 2022	70	10%
Dzulhijjatia Arridhi	22129143/ 2022	76	11%
Liyana Dalila Rahma Pilica	22003110/ 2022	69,3	10%
Puti Aventia Jave	22019073/ 2022	73	10%
Amount		716	100%

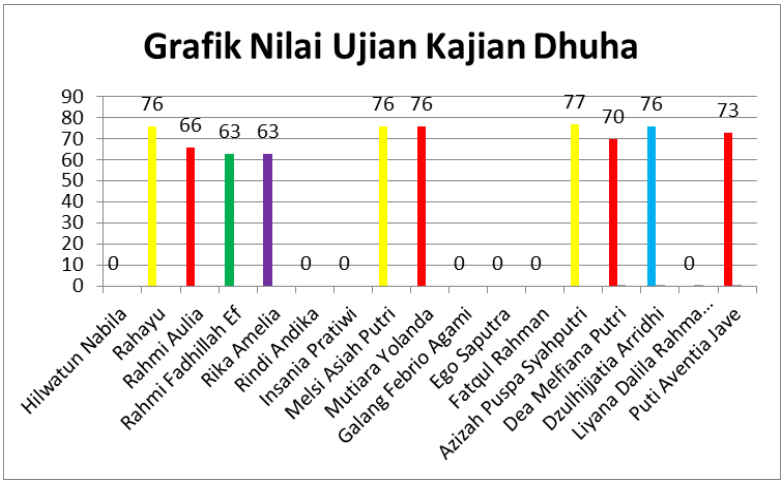


Figure 1Dhuha Study Exam Evaluation Chart

Based on the chart and the percentage scores of the participants in the Dhuha study above, we can see that the scores of the Dhuha study participants are mostly below average. Of the 17 participants who took part in the Dhuha study activities, 7 of them achieved scores below the average. Even though the other 10 scored above average, none of them scored above 80. So the authors concluded that based on the evaluation of Dhuha's study activities which assessed the knowledge and practice of Islamic religious insights of UNP students it was still quite low. Even though the evaluation carried out by Qatulitiwa Islam through Dhuha study activities is a test item with a standard level of difficulty, meaning that the question is in the form of mandatory knowledge and practices that must be understood by a Muslim. From these problems, the researcher is interested in further research regarding "The Influence of Dhuha Study Activities on the Spiritual Intelligence of Padang State University Students".

METHODS

The research method used in this research is quantitative. The quantitative method is a research in which there is an implementation process using numbers starting from interpretation to the end of the research, namely a conclusion (S. Sugiyono, 2015). According to (P. D. Sugiyono, 2014) quantitative research methods can be interpreted as research methods based on the philosophy of positivism, used to examine certain populations or samples, sampling techniques are generally carried out randomly, collecting and using research instruments, data analysis is quantitative/statistical to test hypotheses that are has been established. The second is observation as a tool used to observe, this is used to obtain field data. The third is documents in the form of data through notes in the form of documents or archives and others that can provide research data.

The data analysis technique used is the correlational quantitative method to determine the relationship between the two factors that evaluate the problem to be studied. Correlation research aims to find whether there is a relationship and if there is, how close the relationship is and whether or not the relationship is meaningful, according to (Arikunto, 2006). The purpose of this study was to determine the effect of Dhuha Study Activities (variable X) on the Spiritual Intelligence of Padang State University students (variable Y).

RESULTS

A. Data Normality Test

Sebelum melakukan pengolahan data, dilakukan pengujian prasyarat penelitian yaitu uji normalitas. Uji normalitas bertujuan untuk mengetahui apakah kegiatan kajian Dhuha dan kecerdasan Spiritual mahasiswa berdistribusi normal atau tidak. Pengujian normalitas data dilakukan dengan menggunakan bantuan aplikasi SPSS versi 29 dengan taraf signifikan α = 0,05. Data berdistribusi normal apabila sig > α = 0,05 dan data tidak berdistribusi normal apabila nilai sig < α = 0,05. Berikut hasil dari uji normalitas yang didapatkan:

Before processing the data, the research prerequisites were tested, namely the normality test. The normality test aims to find out whether the Dhuha and Spiritual intelligence study activities of students are normally distributed or not. Data normality testing was carried out using the SPSS version 29 application with a significant level of α = 0.05. Data is normally distributed if sig > α = 0.05 and data is not normally distributed if sig < α = 0.05. The following are the results of the normality test obtained:

Table 2. Normality Test Results of Dhuha Study Activities on Spiritual Intelligence Kolmogorof Technique –Smirnov Test

One-Sample Kolmogorov-Smirnov Test				
			Dhuha Study Activities	Spiritual Intelligence
N			90	90
Normal Parameters [a,b]	Means		101.12	131.19
	std. Deviation		7,341	9,580
Most Extreme Differences	Absolute		.113	081
	Positive		.113	051
	Negative		-.080	-.081
Test Statistics			.113	081
asymp. Sig. (2-tailed) [c]			006	.196
Monte Carlo Sig. (2-tailed) [d]	Sig.		008	.158
	99% Confidence Intervals	LowerBound	006	.149
		Upperbound	010	.168
a. Test distribution is Normal.				
b. Calculated from data.				

Based on Table 2, the normality test results were obtained using the Kolmogorov-Smirnov test. If the significance value is greater than 0.05, the data comes from a normally distributed population. The results of the analysis above after processing the data using SPSS version 29, the output Significance value is obtained at α = 0.008, meaning that the significance value is greater than α (0.008> 0.05) meaning that the data is normally distributed. Whereas b = 0.158 means that the significance value is greater than b (0.158 > 0.05) meaning that the data is normally distributed, the independent variable of Dhuha study activities (X) on the dependent variable of spiritual intelligence (Y) data is normally distributed.

B. Simple Linear Regression Test

To find out the simple linear regression test based on only one independent variable (Independent) and one dependent variable used in a simple linear regression test. Another goal is to predict or predict how much the value of the independent (independent) variable affects the dependent. Researchers use SPSS version 29 Product Moment. The following table results from the simple linear regression test below:

Table 3. Simple Linear Regression Test

Coefficients [a]						
Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	std. Error	Betas		
1	(Constant)	17,536	7,169		2,446	.016
	Dhuha Study Activities	1,124	071	.861	15,895	<.001
a. Dependent Variable: Spiritual Intelligence						

The constant value (a) was obtained using IBM SPSS Statistics 29 For Windows 11, which was 7,169, while the dhuha study value (b/regression coefficient) was 1,124. So the regression equation is as follows:

Y= a+bX Y= 7.169+ 1.124X Concerning the regression equation above:

constant of 7,169 is a sign that the independent variable (Duha Study) has a positive effect. The Spiritual Intelligence variable will increase or be fulfilled if the independent variables in one unit increase or are affected. The regression coefficient X of

1.124 states that if the Dhuha Study Activity (X) experiences an increase in units, then student intelligence (Y) will increase by 1.124 or 11.24%.

C. F Test

This test is conducted to find out whether the independent variables together explain the dependent variable. F test analysis is done by comparing F count and F table. However, before comparing the F values, the level of confidence (1-α) and degrees of freedom = n - (k+1) must be determined so that the critical value can be determined. The Alpha value used in this study is 0.05. The results of the F test can be seen in the following table:

Tabel 1. F Test

ANOVA [a]						
Model		Sum of Squares	df	MeanSquare	F	Sig.
1	Regression	6057829	1	6057829	252,654	<.001 [b]
	residual	2109960	88	23,977		
	Total	8167789	89			
a. Dependent Variable: Spiritual Intelligence						
b. Predictors: (Constant), Dhuha Study Activities						

From Table 4. above, it is known that the calculated F value is 252,654 > F table 3,099 or a Sig of 0.000 <0.05 which means H0 is rejected and Ha is accepted. This shows that the variables of dhuha study activities significantly interact with the spiritual intelligence variable of Padang State University students.

D. T Test

The T test is a follow-up test of the correlation F test. The purpose of the T test is to determine the significant effect of the dependent variable on the independent variable. The criterion accepts H0 if the probability value is less than or equal to the possible value of Sig (0.05<Sig.) means it is not significant. H0 is rejected, if the significant value is greater than or equal to Sig. (0.05>Sig.) means significant. Following are the results of the t test table below:

Tabel 2. T Test

Coefficients[a]						
Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	17.536	7.169		2.446	.016
	Kegiatan Kajian Dhuha	1.124	.071	.861	15.895	<.001
a. Dependent Variable: Kecerdasan Spiritual						

The basis for decision-making:

1. If T count < t table, it means that Ha is accepted and Ho is rejected, meaning that there is no positive and significant influence on Dhuha study activities on Spiritual Intelligence.
2. If T count > t table, it means that Ha is rejected and Ho is accepted, meaning that there is a positive and significant influence on Dhuha study activities on Spiritual Intelligence.
3. To find out the formula f table is explained below:
4. T table = t (a /2 : nk-1) = (0.025 : 88) = 1.987.

Based on the output above, it is known that the calculated T value is 15,895 and T table is 1.987 (with a significance level of 0.025 because the correlation of the F test is large), then the calculated T value is 15,895 > 1.987 T table, meaning that there is a significant/strong influence between the Dhuha Study Activity variables (X) on the variable Spiritual Intelligence (Y).

DISCUSSION

1. Value of Dhuha Study Activities of Padang State University Students

Based on the results of the Dhuha study activity indicators in the form of planning, implementation, and evaluation, the researcher made a question item of 30 items, then got the results from the SPSS version 29 statistic of the normality test of α = 0.008 meaning that the significance value is greater than α (0.0068 > 0.05) means that the data is normally distributed. Then, based on a simple linear regression test, the Dhuha study activity variable

(X) obtained a Dhuha study activity value of 6,824. This shows that the independent variable Dhuha's study activity (X) has a positive effect on Padang State University students.

The Duha Study conducted at Padang State University is a form of religious guidance. The Dhuha study activity is a form of effort in the spiritual realm of Islam directed at Padang State University students. The aim is to serve as a forum for discussion of Islamic aspects, salvation in lecture material, prayer practices, and recitation of the Qur'an. With the Dhuha study activities, it is hoped that it can encourage the improvement of akhlakul karimah, as well as build strong spiritual and emotional intelligence. In the dhuha activity curriculum, some materials cover the learning of Islamic Education Courses that are required for UNP Students.

In the context of Islamic Religious Educators there is Religious guidance which involves guidance, advice, and assistance in spiritual and moral aspects. Based on the theory According to Prayitno (Luthfi, 2021), guidance is a process of providing assistance carried out by experts to individuals or several individuals, both children, adolescents, and even adults so that the person being guided can develop their abilities and be independent by utilizing one's strengths and means What exists and is carried out based on the norms that apply Religion is a system of belief in the Creator and the elements contained therein, which contains norms and values that must be carried out and avoided by every adherent. Thus, Islamic Religious Guidance can also be defined as the process of providing direct, continuous, and systematic assistance to each individual so he can develop his religious potential or nature optimally by internalizing the values contained in the Al-Quran and As-Sunnah into himself so that he can live in harmony and accordance with the Al-Quran and Sunnah. The word Allah contained in the Qur'an is the foundation of Islamic religious guidance, namely the letter Ali-Imran verse 104 as follows :

وَلْتَكُنْ مِّنْكُمْ اُمَّةٌ يَّدْعُوْنَ اِلَى الْخَيْرِ وَيَأْمُرُوْنَ بِالْمَعْرُوْفِ وَيَنْهَوْنَ عَنِ الْمُنْكَرِ ۗوَاُولٰۤىِٕكَ هُمُ الْمُفْلِحُوْنَ

Meaning: *"Let there be a group of people among you who call on goodness, order (do) what is right, and prevent what is wrong. They are the lucky ones"*

Doing Makruf is all goodness ordered by religion and beneficial for the good of individuals and society. Mungkar is evil that is prohibited by religion and destroys individual and community life. Based on the nature of human beings have two relationship

potentials, apart from being social beings or living with other people, humans also have a relationship with God, but sometimes humans cannot optimize this relationship, so it is not uncommon for these individuals to experience an emptiness in their hearts that must be spiritually touched., this is where the role of Islamic religious guidance is as an effort to provide comprehensive assistance to troubled individuals.

Based on the explanation above, the researcher can conclude that the dhuha study activity is a religious education activity that needs to be carried out for students, especially at Padang State University. The aim is to guide individuals in understanding, living, and practicing Islamic teachings in everyday life. It involves building character, morality, and ethics according to Islamic principles. Islamic Religious Education also aims to teach about human relations with God, procedures for worship, and understanding and applying Islamic laws in various aspects of life. Apart from that, Islamic religious education also seeks to form social awareness and responsibility towards fellow human beings and teaches the values of help, justice, and compassion, students are taught Islamic religious education courses as a form of improving:

a. Understanding of Religion: Students will have an in-depth understanding of the basics of Islamic beliefs, teachings, and practices. They will learn about fundamental concepts in Islam, such as tawhid (belief in the oneness of Allah), the afterlife, and others.
b. Development of Morals and Ethics: PAI helps in the formation of strong character and morals. Students will learn values such as honesty, integrity, helpfulness, and ethical behavior.
c. Social Awareness and Humanity: This course teaches social responsibility towards society and the environment. Students learn about the importance of helping those in need and contributing positively to the common good.
d. Understanding of Islamic Culture: Students will get to know the history of Islamic development, Islamic culture, and the contribution of Islamic civilization to the world in various fields such as science, art, and architecture.
e. Understanding of Pluralism: PAI can also help students understand and appreciate religious and cultural diversity. This can support the development of inclusiveness and tolerance.

2. Value of Spiritual Intelligence of Padang State University Students

Based on the results of indicators such as honesty, cooperation, caring, gratitude, and patience, in the form of a question item as well, namely as many as 40 item questions, then get the results from the SPSS version 29 statistic from the simple linear regression test, the spiritual intelligence variable (Y) gets a value of 1,220.

Spiritual intelligence is intelligence that involves the individual mind and soul. This intelligence tends to arise from within the individual which returns to the individual's soul again. Spiritual intelligence is more of a concept that relates to how intelligent a person is in managing and utilizing the meanings, values, and qualities of his spiritual life which includes a more meaningful life. According to Ary Ginanjar Agustian, spiritual intelligence is the ability to give the meaning of worship to every behavior and activity, through steps and thoughts that are natural, towards the whole human being, and have a monotheistic mindset, and have the principle "only because of Allah" (Busthomi Yazidul, 2020). A Muslim should not be swept away in mere ritual worship, but must be able to make it a motivator and translate it into action, as the word of Allah, namely Surah Al - Jumu'ah verse 10 as follows:

فَاِذَا قُضِيَتِ الصَّلٰوةُ فَانْتَشِرُوْا فِى الْاَرْضِ وَابْتَغُوْا مِنْ فَضْلِ اللّٰهِ وَاذْكُرُوا اللّٰهَ كَثِيْرًا لَّعَلَّكُمْ تُفْلِحُوْنَ

Meaning: When the prayer (Friday) has been carried out, scatter you on earth, seek Allah's grace, and remember Allah as much as possible so that you are lucky.

Meanwhile, according to Danah Zohar and Ian Marshal in their book Darmadi spiritual intelligence is intelligence to deal with all issues of meaning or value, namely intelligence to place behavior and life in the context of a broader meaning, intelligence to judge the way of life is more meaningful than others, because spiritual intelligence is the foundation necessary for the effective functioning of IQ and EQ. Even spiritual intelligence is the highest intelligence in humans. To achieve good spiritual intelligence, it is desired that the Padang State University community environment, especially for students, needs an environment and institutions as controllers of student activities. One of these activities is the facility of weekly dhuha study activities for students. The dhuha study activities aim to realize character and competency-based education to create academics who are religious, ethical, and scientific towards an Islamic campus community.

Based on the results of the Dhuha study activity indicators in the form of planning, implementation, and evaluation, the researcher made a question item of 30 items. The statistical results of the simple linear regression test using SPSS version 29 for the Dhuha study activity variable (X) show that the value of the Dhuha study activity is 6,824. The Dhuha study activity at Padang State University is a form of religious guidance, aimed at discussing Islamic aspects, saving lecture material, practicing prayer, and reciting the Qur'an. This is directed at encouraging the improvement of akhlakul karimah, as well as building strong spiritual and emotional intelligence. According to Prayitno, guidance is the process of assisting experts to individuals to develop their abilities by utilizing the strengths and norms of religion. Religion is a system of belief in the Creator which contains norms and values. Islamic Religious Guidance is an effort to provide directed, continuous, and systematic assistance so that individuals develop their religious potential by the Al-Quran and As-Sunnah.

The dhuha study has the aim of being a forum for discussion on Islamic aspects, saving lectures, prayer practices, and reciting the Qur'an. The results of a simple linear regression test for spiritual intelligence (Y) get a value of 1,220. Spiritual intelligence involves the individual's mind and soul, including the meanings and values of spiritual life. Ary Ginanjar Agustian defines spiritual intelligence as the ability to give the meaning of worship to behavior, leading to a complete human being with monotheistic thoughts.

Spiritual intelligence helps to deal with problems of meaning and value in life. The Padang State University environment encourages students' spiritual intelligence, including through dhuha study activities. The dhuha study aims to realize religious, charitable, and scientific academic character and competence. The combination of dhuha study values and spiritual intelligence has a positive impact on Padang State University students.

Thus, based on the results of the research and the theories described, it can be concluded that the Dhuha study activity at Padang State University is a form of religious guidance that aims to develop students' spiritual intelligence. This activity helps in character building, Islamic understanding, and increasing students' spiritual intelligence.

1. The influence of dhuha study activities on the spiritual intelligence of Padang State University students.

The effect of dhuha study activities on spiritual intelligence based on research results, can be known through the test results obtained a significance value of 15,895 and T

table 1.987 (with a significance level of 0.025), because the T value count is 15,895 > 1.987 T table, meaning there is a significant/strong influence between the Dhuha Study Activity variable (X) to the Spiritual Intelligence variable (Y). Based on the output above, it is known that the T value is 0.025), because the calculated T value is 18,273> 1.987 T table, meaning that there is a significant/strong influence between the Dhuha Study Activity variable (X) on the Spiritual Intelligence variable (Y). Furthermore, the calculated F value is 333,891> F-table 3.009, with a significance level of <.001. Then the irregression model can be used to express the effect of the Dhuha Study Activity variable (X) simultaneously on the Spiritual Intelligence variable (Y). Based on the research data, it can be concluded that the more active students are in participating in Dhuha Study activities, the stronger the influence on spiritual intelligence. As well as the results of the test for the coefficient of determination, which obtained an R Squer value of 0.791, which means the influence of the independent variable (Dhuha Study Activity) of 79.1% on the dependent variable (Spiritual Intelligence). Other components outside the variable X are influenced by other factors. While the remaining 21% is influenced by other factors outside the research.

According to Suyanto's theory (2006), explaining indicators of spiritual intelligence that affect spiritual intelligence in the form of spiritual values include truth, integrity, simplicity, sensitivity to others, cooperation, confidence, cleanliness of heart, humility, and gratitude, perseverance, patience, justice, sincerity, wisdom, and firmness. Based on the Hadith of Imam Ahmad and Ath-Thabrani) related to seeking Knowledge from Shafwan bin Assal Al-Muradi Radhiyallahu 'Anhu, he said: "I went to the Prophet Shallallahu 'Alaihi wa Sallam who was in the mosque and he was leaning around wearing a red shirt, then I said: 'O Messenger of Allah, I came to seek knowledge. So Rasulullah Shallallahu 'Alaihi wa Sallam said:

مرحباً بطالبِ العلمِ، إنَّ طالبَ العلمِ تَحُفُّه الملائكةُ وتظله بأجنحتِها، ثم يركبُ بعضُهم بعضاً حتى يبلغوا السماءَ الدنيا من محبتهم لما يطلُبُ

Meaning: "Welcome seeker of knowledge the seeker of knowledge is surrounded by angels and shaded by them with their wings, and the angels are above each other up to the first heaven because they love what he is looking for (namely in the form of knowledge) Allah Subhanahu wa Ta'ala)."

Based on the hadith above, we must be obliged to learn science. What else do we study in Islamic Sciences that can improve the spiritual self of a person? Spiritual intelligence is the highest peak in human beings. Of course, there is encouragement to

achieve it, with the existence of Islamic religious education which contains the values of worship, sharia, and muamalah. Islamic Religious Education is taught at the elementary, junior high, high school, and tertiary levels. PAI learning in tertiary institutions is one of the subjects that must be followed by all students. In the national curriculum of higher education, religious education is a compulsory subject that must be followed by Muslim students in all tertiary institutions in Indonesia.

Padang State University as one of the state tertiary institutions in Indonesia also makes the general course (MKU) of Islamic religious education (PAI) a compulsory subject which is followed by all UNP students. In the 2022-2024 UNP Strategic Plan, it is explained that the vision of the UNP campus is to become a superior campus in Southeast Asia in the field of science and technology-based education based on moral and religious values. To achieve this, the Padang State University Spiritual Activity Unit has a Dhuha Study Activity program which is under the auspices of the Islamic Qatulistiwa Islamic Unit, Padang State University Spiritual Activity Unit, to increase Islamic spiritual intelligence for Padang State University students.

CONCLUSION

Based on the results of the research that has been done, it can be concluded:

1. Value of Dhuha Study Activity for Padang State University Students. Based on the statistical results of the Dhuha study activity indicators in the form of planning, implementation, and evaluation, the researcher created a question item of 30 items, then got the results from SPSS version 29 statistics from the normality test of 0.008, meaning the significance value is greater than α (0.008 > 0, 05) means that the data is normally distributed. While the simple linear regression test for the Dhuha study activity variable (X) obtained a value of dhuha study activities 6,824, this shows that the independent variable Dhuha study activities (X) has a positive effect on Padang State University students.
2. The Value of Spiritual Intelligence of Padang State University Students. Based on the results of indicators such as honesty, cooperation, caring, gratitude, and patience, in the form of a question item as well, namely as many as 40 question items, then getting the results from the SPSS version 29 statistic, the normality test value of 0.158 means that the data is normally

distributed, while the simple linear regression test for the spiritual intelligence variable (Y) gets a value of 1,220, this shows that the dependent variable Spiritual Intelligence (Y) has a positive effect on Padang State University students.

3. The effect of dhuha study activities on spiritual intelligence based on the research results, can be known through the test results obtained a significance value of 15,895 and T table 1.987 (with a significance level of 0.025), because the T value count is 15,895 > 1.987 T table, meaning there is a significant/strong influence between the Dhuha Study Activity variable (X) to the Spiritual Intelligence variable (Y). Based on the output above, it is known that the T value is 0.025), because the calculated T value is 18,273> 1.987 T table, meaning that there is a significant/strong influence between the Dhuha Study Activity variable (X) on the Spiritual Intelligence variable (Y). Furthermore, the calculated F value is 333,891> F-table 3.009, with a significance level of < .001. Then the irregression model can be used to express the effect of the Dhuha Study Activity variable (X) simultaneously on the Spiritual Intelligence variable (Y).

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