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A Mini Review on Various Skill Illness Types

Nur Aifiah Binti Ibrahim
Universiti Teknologi MARA, Selangor, Malaysia
nuraifiahibrahim90@gmail.com

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Abstract

This paper focuses on a mini review of various self-projected plans and strategies for the future of the skin routine, a healthy route to glowing and rich in vitamins. The reroute of a skin degeneration for the sunken pores in dark spots and uneven skin tone. The delicate and healing effect of the aromatherapy and medicated oil on the glands and bumpy skin adds more smoothened effect for the prolonging of blemished skin. Lyme disease, for example, is prone to the outer environment, and the vectorisation of the breeding sites for the ticks is held. The chances and probabilities to have developing good skin care are to apply more nutrigenomics in line with others to have a substitute in promoting and strategising more skin-oriented products to be more aware of their beauty perspective in terms of health and someone's well-being over the drop of a liquid for a foamy texture in an easy clean off steps.

Keywords: Vitamins, Degeneration, Aromatherapy

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Introduction

Skin illness and different types of disorders cause darker pigmentation and red spots on the groins and creases of folded body parts, such as the arms and neck (Salah, 2025). Hyperkeratosis is another cause of discolouration of the skin. Hyperpigmentation occurs when the skin cells accumulate and are uncontrollable due to the pores and UV protection from light intensity. As expected, the precondition to the illness is obesity and diabetes, in which the insulin resistance resulting from the unutilised body energy ameliorates the changes in the skin absorption of light as the sugar level could be under a state that is overloading the whole body electrolytes (Salah, 2025).

In the medical dictionary, alopecia is a harsh condition as the hair facing a loss remains on the outer layer of the skin, using a visually captured image of a detailed examination on a hair scanning device (Salah, 2025). Hormonal imbalances could be the aetiological cause of the patchiness and sudden hair loss in the face of the warm climate, and the medication that had caused the removal of hair from the harsh weather conditions. Eczema is one of the occurrences of Sunshade to have exposed under warm and humid climates itchiness as there are skin problems, another way of saying that food intolerance, and more complications from liver and kidney blood circulation problems (Salah, 2025).

Immunoglobulin E is the counterbalancing in the skin permeability as a protective barrier has to build more skin layer of protection in which the oil gland and dryness in a moisturizing state for the fluid balance and lipid solubility in which fat itself is a thickness of the fluid sediments and chances of getting it exposed to the vitamin D and supplements over covering the patches of the localised site targetting for new allergens to occur (Aytulu et al., 2025). Anaphylaxis is another condition that determines food suitability in dealing with unnecessary food accounts of the stomach lining and other skin nourishments (Aytulu et al., 2025).

Skin imperfection is the weakness of the skin barrier possessed by a touch of the skin and other encountered with the skin matrix of colours and the pigmentation of having yearning for more inhaling and exhaling of dust and another agent of itchiness and skin irritation (Aytulu et al., 2025). The nuttiness and chunkiness of the texture of a legume may also have a more oily effect as it contains more sebum when the skin blemishes (Aytulu et al., 2025). The perfect pore and oil gland ensures apoptosis in happy skin, regulating hormones for other external protection against the layer of barrier called stratum corneum

(Hoover et al., 2022). Antimicrobial activity in meeting the skin specification limit of having limited and overexposure to dryness conditions in red patches by rubbing the surface caused more bumps and enhanced itchiness (Hoover et al., 2022).

Skin adhesives for topical agents take care of the restlessness and friction effect over the bumpy skin by increasing subcutaneous and sebum formula to the hydration and breathable skin barrier (Park et al., 2023). The sebum for oil control and pores opening to have more nuclear pore complexes by the hanging fruit, the skin appearance, and the nuclear cells of the ultra skin protection as an indication for more approachable treatment (Park et al., 2023). Hence, this paper studies the identification of gaps for further classifications of skin types and their disorders in the Atlas Global of prefectures.

Literature Review

A hydrophobic bilayer has two layers in the middle section of the upper and lower layers (Park et al., 2023). The skin layers consist of oil and blemishes as the skin is in an aqueous solution for the water repellent and absorption underneath the roots (Park et al., 2023). It is a process of diffusion that goes from higher to lower concentrations of ions to have another structure of a protective agent and antigen in the most healthy skin condition (Park et al., 2023). The UV protection of photons and photovoltaic cells for penetration and nourishment of the skin.

The surfactants were tested on substrates to allow different exposures to the surface of the skin barrier, as the sensitivity and inflammation of the responsory stimuli, the formation by recreating the modular figures that are distinct and more solid in the clinical evidence (Park et al., 2023). The exfoliation of the skin to the dirt of coarse material from the surfactants has a process called rejuvenation of the skin cells. Sometimes, the perspiration of high-intensity physical activity has a blemish effect and burning of the fatty layer in a more epic movement to stretching the muscle in a lean body mass (Park et al., 2023).

Lyme disease to external factors and other environmental influences on the progression and development of aging and medical exposure (Fallon et al., 2025). The patient's diagnosis was the clinical examination of the skin exposure to tick bites (Fallon et al., 2025). The general practitioner conducts a blood test to determine the serological and molecular formation of a foreign substance called Borrelia burgdorferi across the United

Kingdom. The vector for Lyme disease is the tick in a petri dish for the moments in a clinical trial at baseline and during follow-up (Fallon et al., 2025).

The northern hemisphere of the US has warmer temperatures and humidity solutions to the environment of a space in inhaling oxygen and exhaling carbon dioxide, in which the participants could be a tick most populated area (Greiter et al., 2025). They culminate the onset of the incubation period for the infected to be under the microscope as the dye solution affects the petri dish of a strand extended and broken down by an enzyme. As mentioned before, Borrelia burgdorferi has further complications for the black-legged tick to contain a sap to which the watery fluid may have access to the tick-borne as the medical solution is to have a local anesthetic to match up with the environment and have the regulated temperature in skin thermoregulation (Greiter et al., 2025).

For recovery, the time is not limited but within a specified time range to seek treatment and manage the risk of further from being infected and contagion. Within the specified time range, the bacteria stop by a topical cream to remove larvae in their breeding process (Greiter et al., 2025). The alternative medical strategy is to have the vaccine for antibodies manufactured in substrates of immunoassays (Greiter et al., 2025). Lyme disease affects different body parts, including meningitis, plexus neuritis, palpitations, and carditis. To monitor European cerebrospinal fluid for more thorough health screening and associations (Lum et al., 2015).

Methodology

It is a narrative approach to mapping the different classifications and subdivisions of skin types and nutrients as health hazards for various illnesses. The descriptive statistics were to have thresholds and a range of values to be plausible in determining the optimum balance of degrees of severity of diseases. The inflammation and itchiness of the skin have a burning sensation as if they have an inoculation. Then, the feeling of discomfort and soreness in light intensity overexposure to environmental pathogens. A vector-borne illness in terms of silent movement and ticks target site triggers the watery pus, as there is a pink, bumpy skin on the surface. The terminologies and taxonomies are in the diagnosis and therapeutic strategy to unearth the organic spreading and the aesthetic value of the essence and essential oils for aromatherapy. Eczema is another detrimental factor for more skincare routines, as the everlasting protection of skin health and well-being. From the cinnamon

sticks to the mortar of crushed herbs and light ingredients to make a facial mask and body paste in having alternative skin protection as the bare skin has different pH values and metabolism of the breaking down of food and berries in place of the end-products.

Results and Discussion

As mentioned, the neurological disorder affects the medication used for tick problems involving Lyme disease (Frahier et al., 2024). The average age in the study is 60, as antibiotic resistance took place over the alternative medication, sealing off the effectiveness of the current medicine (Frahier et al., 2024). The memory storage and interconnected among synapses are in a dwell and driven by the growth of more biofilms to the extracellular matrix for pathogenesis in felux energy to repel on the bound of the plane in which the bouncing effect of the molecular and other structural of the antigens are on hold (Frahier et al., 2024).

Mysteriously, Lyme disease has been in a bathe of forests in Connecticut ever since 1975 (Frahier et al., 2024). Their breeding sites are in the airborne and humid climate environment and are prone to nature's living biodiversity (Frahier et al., 2024). Fibromyalgia and immunosuppressant attacks are more on self-shielding protection for overbearing skin colouration and ultraviolet protection. Tiredness and fatigue are measures of physical activity that increase perspiration and raise temperature as the tick attacks are more than expected (Frahier et al., 2024). The outer skin barrier is the patches of different kinds of rashes caused by the scratching and soreness of the redness of any skin type (Frahier et al., 2024).

Serological testing for phlebotomy of undetectable medical diagnoses and blood transfusion charts has been classified and simplified in ongoing medical procedures and interventions for skin conditions. Then, photovoltaic radiography in skin disorders and barriers to identifying pathogens in discovering a new release of skin outer shells (Tafreshi et al., 2020). Langerhans cells manage and control the levels of keratinocytes for the corneocyte as the separation between cellular fluidity in osmosis regulation and water hydration to balance the humidity and smoothness of the skin surface (Tafreshi et al., 2020). Skin irritants and pollutants, in the presence of harmful chemicals and toxins, adapt and rejuvenate in a new environment.

The non-greasy texture is the scrub for the roughness and uneven skin distribution (Szaferski et al., 2025). The valorisation of the coffee beans destabilised into another new manufacturing of skin product line to give grainful texture (Szaferski et al., 2025). In a gainful consciousness, skin experts have more absorbents and humidifiers to moisturise and clean off the dirt from the pores and other patches of the smoothened layer. Remove the extra ingredients from the coffee beans as it unearths the excessive coarse material in promoting more skin irritation and reducing the percentage of the harmful and natural substances from the oil and other sensitivities to herbal and spices in the mortar (Szaferski et al., 2025).

The granules are like sandpaper to remove the light molecules of the dark particles that reside on the bare skin. It can be wiped off by the smooth surface of the tightening of the collagen (Szaferski et al., 2025). It is a water content as the air and pores are captured in temperature suitability. The suitability of a skin condition and their handheld products are for their daily skin routine as a naturalistic approach to have double protection on the thin layer of the bare skin (Szaferski et al., 2025).

Conclusion

In conclusion, the skin has enough protection, but for unravelling the true colour of skin and making the skin barrier protective against exposure in dry weather. By strategising the optional treatment, it depends on the selection and perfume projection on the skin. The skin burden is put on a lot of makeup and other wearable products, such as glitter effects. It enhances the elegance and leadership quality of a woman. They intend to be more inspirational and give more attention to details for the exotic and natural bare face look. Then, the skin products are more health-oriented for the lighter and milder skin effect, reducing the overconsumption of heavy makeup in a daily routine.

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